

# First date with emotion

## INTRODUCTION

Animation | Module | Drawing

The youth's mood is undulated during adolescence, just like dreadful monsters, and they are mostly disturbed and burden heavy pressure. Therefore, I devised this project to help you find out , recognize and treat emotion correctly.

# INSPIRATION

My mentation, during adolescence, was like April weather, sensitive, often self-doubted and fell into various negative emotions which I struggled with frequently. Seemingly, it is normal to see in my peers, hence it is may a common problem faced with adolescents across the society.

## News report

### 1. An event happened at Chengdu 49th Junior High School

Student Lin was **introvert, doubtful and habituated to negate himself**, and committed suicide by falling from the high floor at 49th Junior High School on May 9.

Source: May 13 2021, Xinhua News.

中国发布 | 胡鑫宇事件调查结果发布: 系自缢死亡 家属同意公开录音笔内容

## Hang oneself

## Fall death event



### 2. "Hu-Xinyu hung himself"

Hu Xinyu died of self- hanging. His **unexpected performance** at school made him feel lost, and his psychology turned to be unbalanced due to his **unfavorable interpersonal relations** and **pressure of adolescent impulsion**.

Source: Feb 2 2023, China.com.

# RESEARCH

## Visible pressure



1. Study pressure **70%** of students felt pressure from **study 40%** deemed that their pressure is from **parent's high expectation 30%** thought that their pressure is from their **peers**.

2. Interpersonal pressure **43%** of students felt pressure from interpersonal **relations with teacher, classmates, and parents 33%** were taunted by **peers; 28%** were isolated by **classmates; 21%** were harmed and pressurized due to **peer's envy**.



## Hidden stress

1. **Sexual frustration** and pressure aroused by **physical development**.

2. Pressure from **interacting with opposite sex 32%** students were eager to be cared; **27%** felt pressurized from boredom and loneliness and **26%** students' pressure were caused by group psychology.

3. **Undulated emotional disturbance and pressure** students often being happy and pleasant account for **51%** feeling **depressed** account for **24%** feeling **anxious** and **uneasy** account for 14% feeling **lonely** and **unconfident** account for **11%**.

4. Predicted disturbance and pressure from increasingly **fierce competition, job selection** and **employment** in society.

Source: China Youth.cn

## Social phenomenon

Since 2020, there has been a phenomenon among young people in China called the "Depression on the Internet". It refers to young people posting a lot of negative comments on the Internet and social media platforms late at night.



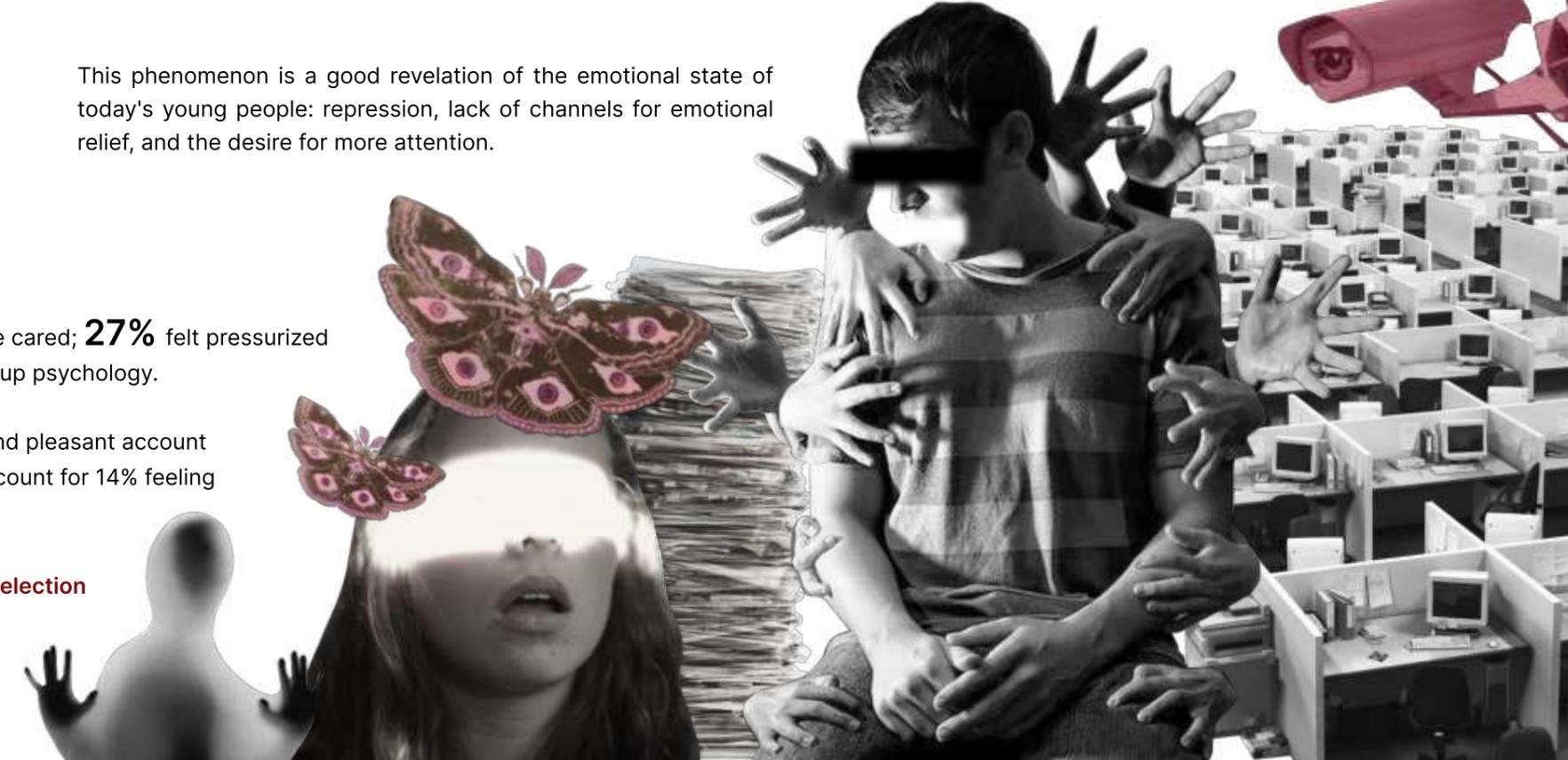
"Cram schools are so expensive, exam questions are so hard, I want to sleep, I want to rest, but I want to go to a good school even more."



"My dad cheated on my mum and she fell ill, my sister was still young and I really couldn't hold out much longer."

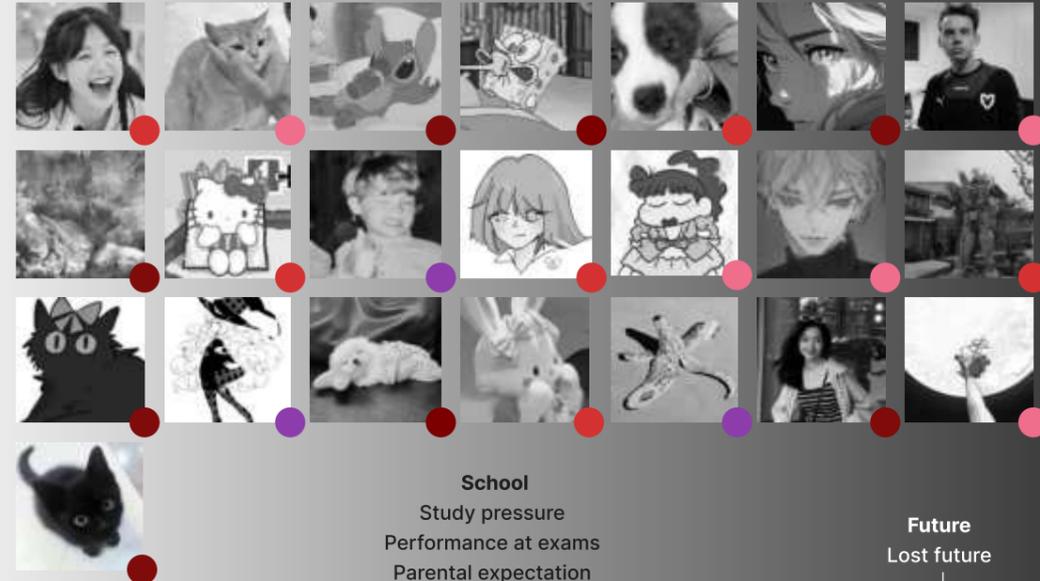


"It's strange how people don't say anything when they're wronged, but they cry uncontrollably when they're comforted."



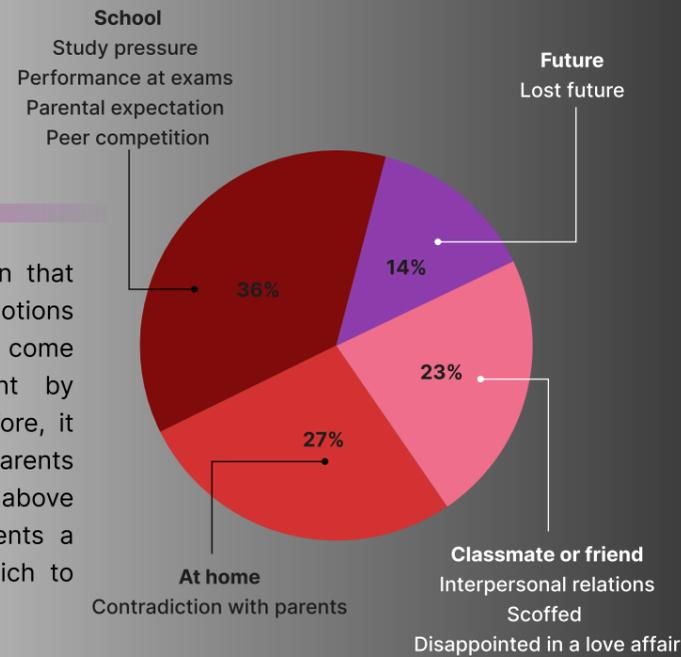
# INTERVIEW

I interviewed friends around me about the reasons for their negative emotions.



# Conclusion

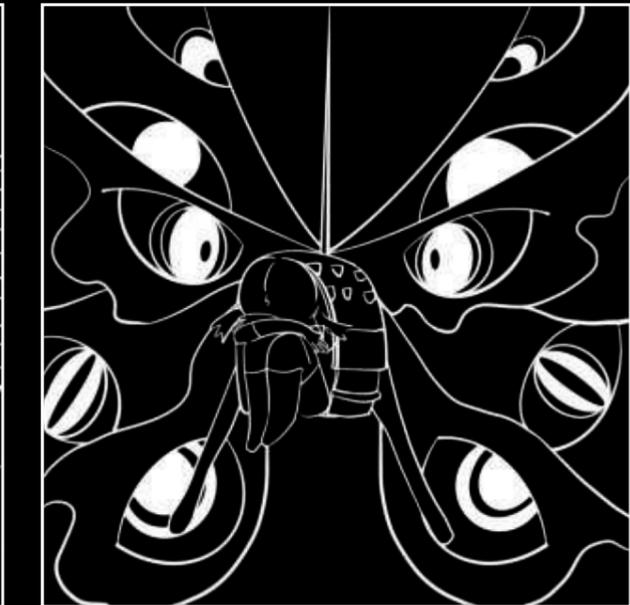
It is a common phenomenon that the causes of negative emotions among adolescents mainly come from the pressure brought by schools and families. Therefore, it is hoped that teachers and parents will pay attention to the above problems and give adolescents a healthier environment in which to grow up.



# MINDMAP



# SKETCH



## CONCEPT

### Absorption mop

Because my mum loves to clean, she often puts a lot of pressure on me by making me clean my room. I use a mop full of tentacles to represent my mum's hands, and the many eyes on the mop represent her spying on me. This artwork shows how Chinese parents over-control their children and limit their freedom.



### Encircled gaze

Teenagers are very concerned about what the outside world thinks, feel that everyone is watching them, have a strong sense of self-esteem and are self-centred in everything they do. This work wants to show the sensitivity and high level of "self-consciousness" of teenagers.



### Lost future

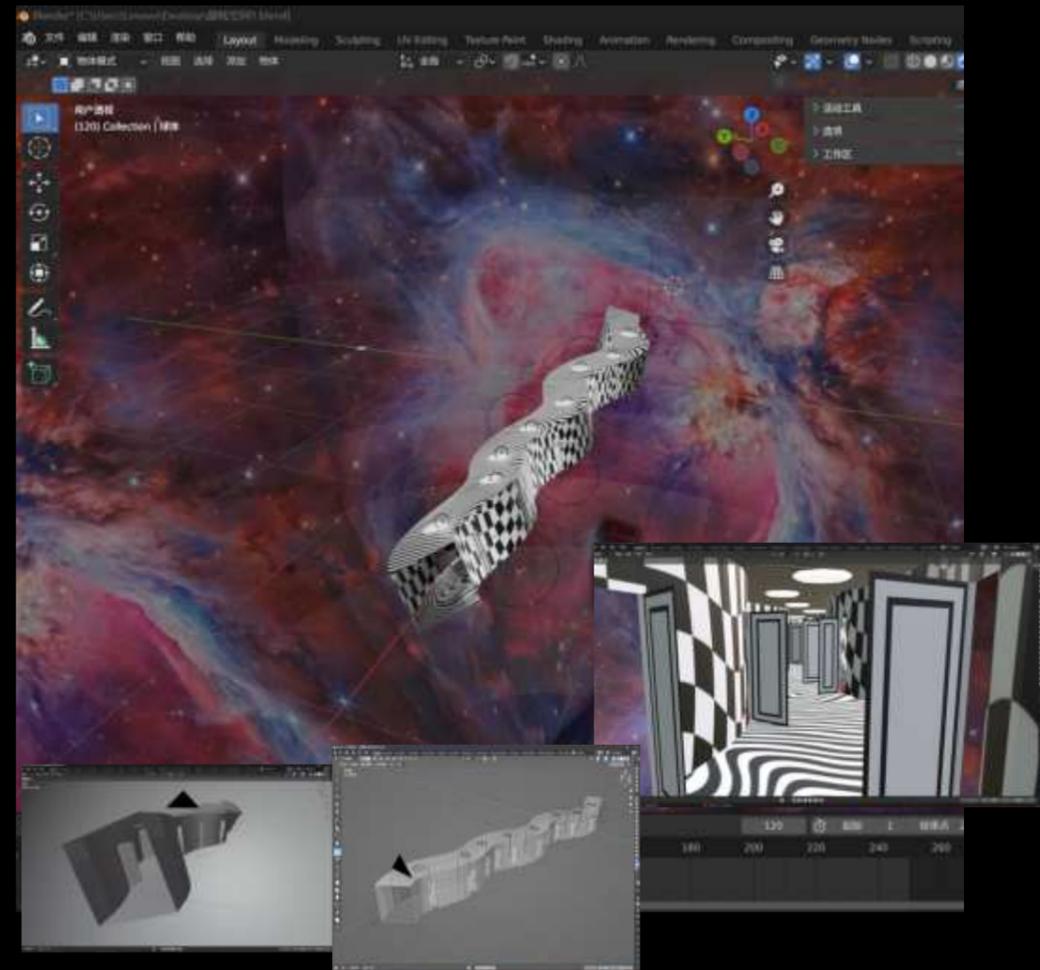
We will face many choices in life and how should we make a choice? What is it that we really want? Is it as I expected? Teenagers don't know how to make choices, so they can feel tense and heavy.



### Playground spire

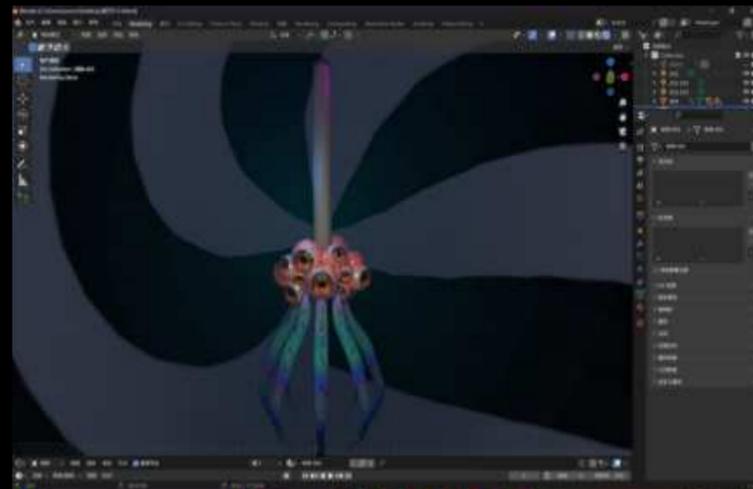
The spire is like runway on the playground, the teaching building, desks and chairs, texts and blackboards are all involved in. Moreover, cell phone, computer, earphone, AJ and many other things compared among students. This work is to express student's mutual comparison changing from academic performance to material, showing intensive peer competition vividly.

# Process

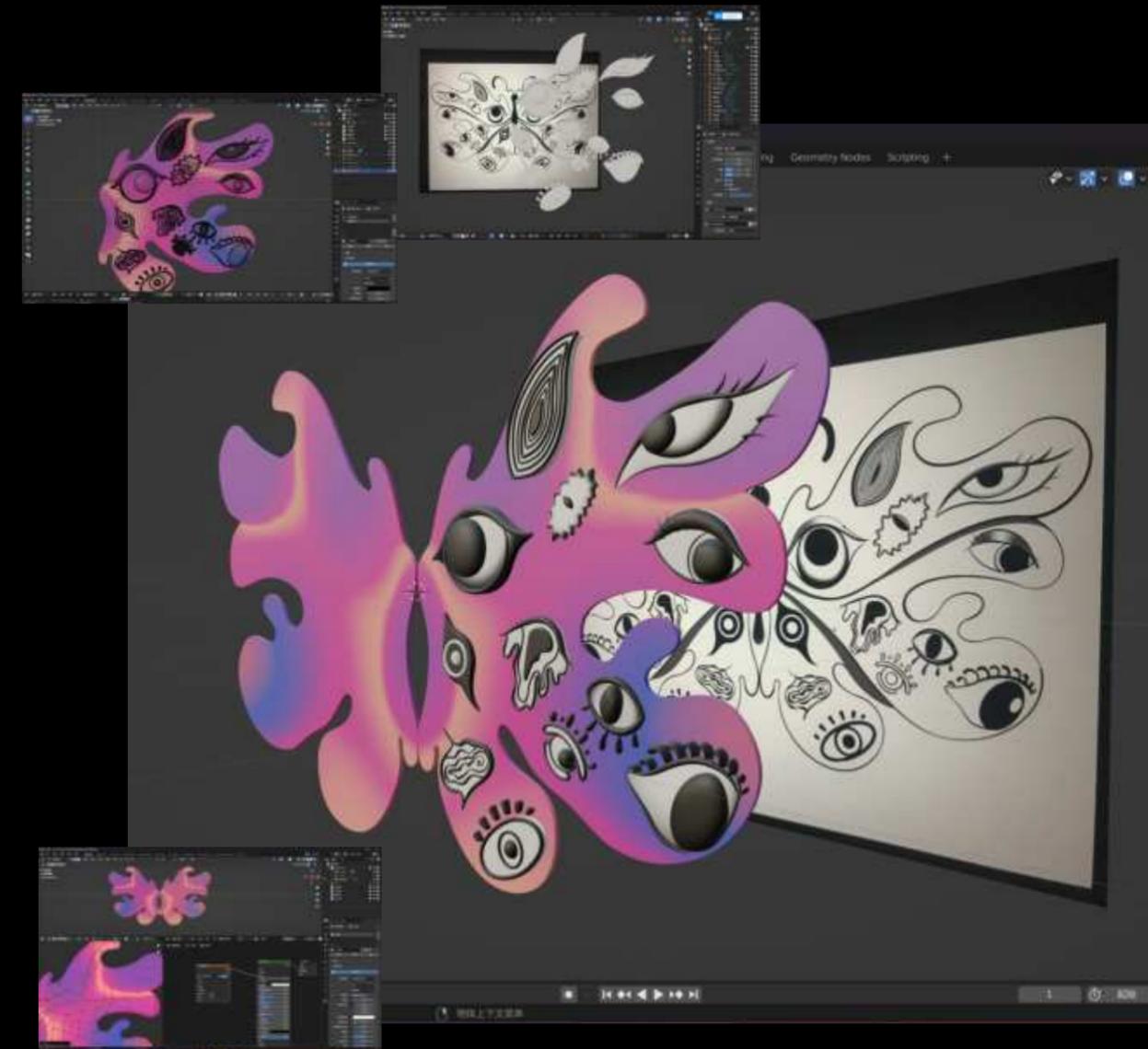


I modeled a distorted space to give a sense of the unknown. Made a lot of open doors on the walls to represent the countless choices encountered in life and added a rotating animation to give a sense of disorientation. The nebulae background was added to show the endless range.

I liken the mop to a tentacle and the eyes to represent the unrelenting scrutiny of parents as a way of conveying the sense of oppression that comes with excessive attention.



I made a wave-like model to represent the school playground track. Books, blackboards, chairs, shoes, etc. were added as common school objects. A grassy field was added as a background, etc. to represent the current situation where the students are working exceptionally hard.



Butterflies with different styles of eyes are hideous and scary, representing the softness and vulnerability of the teenager's heart, who loses himself due to being overly concerned with other people's attention.

# FINAL PRESENTATION



Viedo:  
[https://youtu.be/FV9J1U6dUy8?si=HD\\_aeAEdYsddULY-](https://youtu.be/FV9J1U6dUy8?si=HD_aeAEdYsddULY-)